



# The Spit Swimming Club Inc.

Affiliated with N.S.W.ASA., N.S.ASA & Australian Swimming Inc.

Headquarters - Balmoral Baths, Mosman.

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## 2022-2023 Office Bearers

|                        |                                |
|------------------------|--------------------------------|
| <b>Patron:</b>         | Ann Hart                       |
| <b>President:</b>      | Patrick Durrant (0400 210 269) |
| <b>Vice President:</b> | Julie Campbell                 |
| <b>Hon Secretary:</b>  | Kerrie Osborne (0414 702 858)  |
| <b>Hon Treasurer:</b>  | Jacob Fox                      |
| <b>Hon Registrar:</b>  | Anna Torok                     |

**Committee Members:** Peter Murray, Rob Akester, Richard Trass

**Life Members:** Terry Ellerby, Ann Hart, Jodie Osborne, Kerrie Osborne, Joe Rooney, Rosalind Suthons. Anna Torok, Peter Murray

### Fees

|  |                            |                             |
|--|----------------------------|-----------------------------|
| 🏊 One member <b>\$120</b>                | Two members <b>\$200*</b>  | Three members <b>\$300*</b> |
| 🏊 Four members <b>\$400*</b>             | Five members <b>\$450*</b> | Six members <b>\$550*</b>   |
| 🏊 High School Summer program <b>\$60</b> |                            |                             |

### Standard Order of Events

- |                                  |                       |
|----------------------------------|-----------------------|
| 1. 200/400m freestyle or medley* | 7. 100m freestyle     |
| 2. 25m other strokes#            | 8. 15m other strokes# |
| 3. 100m other strokes#           | 9. 50m other strokes# |
| 4. 4x25m Medley                  |                       |
| 5. 15m bubble race               | 10. 25m freestyle     |
| 6. 15m freestyle                 | 11. 50m freestyle     |

(\*200/400/800m events will be swum on alternate Saturdays from 29th October, #backstroke, breaststroke or butterfly)

### General Information

Any member may compete in the 15m or 25m events, but unless under 8 years for 15m or 11 years for 25m, must progress to next longer distance after twice breaking the following time limits: 15 secs for 15m free, 25 secs for 25m free, 20 secs for 15m other strokes, 28 secs for 25m other strokes.

### Championship

1. All financial 'first claim' members may compete in championships for which they are eligible, but will be excluded from holding the title, or receiving the trophy if they fail to compete in races on four separate club swimming days during the season, other than championship days.
2. A swimmer's age on the 1<sup>st</sup> Jan 2023 will determine the appropriate age group for the 2022/2023 season, and proof must be made available on request.

### Special Trophy Races

Entrants must have swum on a separate Saturday in other than time trials before the race, apart from the MRS R. DOUGLAS TROPHY in November (when only one swim other than a time trial is necessary). For further rules refer to website. Children must try their best at all times – any instances of handicap manipulation will result in disqualification or adjustment of time by race officials and shall forfeit the swimmer's eligibility for sportsmanship awards.



## 2022-23 Spit Swimming Season Program

(Additional events to standard weekly handicap events)

### OCTOBER

**29** \*\*\*\*OPEN DAY: BBQ, Registrations, issue of merchandise and reduced race program (weather permitting)\*\*\*\*

### NOVEMBER

5 **100m OPEN BACKSTROKE CHAMPIONSHIP** plus 400m freestyle  
12 **BRETT HILL MEMORIAL** (100m open butterfly championship – separate trophy for M&F plus 200m freestyle)  
19 **MAX VAN DER KLEI TROPHY** (100m breaststroke championship for M&F U/16) plus 800m freestyle  
26 **200m OPEN MEDLEY CHAMPIONSHIP** plus 200 metres freestyle

### DECEMBER

3 **DON BENSON TROPHY** (50m freestyle handicap for boys u/14) and **GERGAYNIA BECKETT TROPHY RACE** (50m freestyle handicap for girls) plus 400m freestyle  
10 **MRS. R. & MISS F. DOUGLAS TROPHY** (for all boys and girls; 1<sup>st</sup> 2<sup>nd</sup> & 3<sup>rd</sup> all get a trophy) plus 800m freestyle  
**17** \*\*\*\*\*AGE CHAMPIONSHIP (ALL STROKES) – no standard races\*\*\*\*\*  
24 **SHIRLEY HALL MEMORIAL TROPHY** (50m freestyle handicap for all girls and boys) plus 200m freestyle

**26** \*\*\*\*\*BOXING DAY BASH TROPHY RACE (500m freestyle open handicap)\*\*\*\*\*

### JANUARY

7 **ANN BEARDSMORE TROPHY** (50m backstroke for all Males & Females) plus 400m freestyle  
14 **KIM HERFORD TROPHY** and **FORBES CARLILE MEMORIAL TROPHY** 200m Open freestyle championship for all Males & Females and **BRETT HILL TROPHY** (50m butterfly for all Males and Females)  
21 **CONSTANCE HENDRIK MEMORIAL TROPHY** (freestyle for boys and girls with a handicap of 60 seconds or better) and **400m OPEN CHAMPIONSHIP**  
28 **800m FREESTYLE OPEN CHAMPIONSHIP** and **RODNEY MARK WAITE MEMORIAL TROPHY** (50m freestyle for Boys u/14)

### FEBRUARY

4 **EDITH FARRELL MEMORIAL TROPHY** (50m orthodox breaststroke handicap for all girls & boys) and **HILDA DENTON MEMORIAL TROPHY** (200m freestyle for boys & girls who have swum at least 3 races this season)  
11 **ROGER CORNFORTH MEMORIAL TROPHY** (100m breaststroke for members who have swum 3 races this season)  
18 **ARTHUR KERSLAKE MEMORIAL** (1500m freestyle handicap for males and females who have swum at least 2 200/400m during the season)  
25 **W.R.A. KILPATRICK MEMORIAL TROPHY** (100 m freestyle handicap for all males and females)

**27?** \*\*\*\*\*TIDAL POOLS at NORTHBRIDGE BATHS (interclub comp so SAVE THE DATE!)\*\*\*\*\*

### MARCH

4 **THE SPIT DIGGER CUP** (50m freestyle championship for Boys U/16) and **FLORA DOUGLAS MEMORIAL TROPHY** (50m orthodox breaststroke handicap for all girls) plus 800 m freestyle  
11 **100 METRES FREESTYLE CHAMPIONSHIP** for males & females plus 400m freestyle

**18** \*\*\*\*\*CLUB FUNCTION & SWIMATHON (SAVE THE DATE!)\*\*\*\*\*  
**100 METRES OPEN BREASTROKE CHAMPIONSHIP** for males & females plus 200 m freestyle

25 **KERRIE OSBORNE TROPHY** (4x25m medley for all Boys & Girls U/16)

### APRIL

**1** \*\*\*\*\*FLORA DOUGLAS FAMILY RELAYS (4x50m freestyle relay)\*\*\*\*\*  
**HARRY HAY MEMORIAL TROPHY** (for all members who have not won a trophy all season) and **JOHN & GEOFFREY VIDAL MEMORIAL TROPHY** (parent and child trophy race 25m each swimmer)

**25** \*\*\*\*\*ANZAC DAY HANDICAP (after dawn service open water race and breakfast BBQ)\*\*\*\*\*

**MAY** **AGM & TROPHY PRESENTATION (TBC)**