



The Spit Swimming Club Inc.

Affiliated with N.S.W.A.S.A., N.S.A.S.A & Australian Swimming Inc.

Headquarters - Balmoral Baths, Mosman.

Postal address: PO Box 752 SPIT JUNCTION NSW 2088

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2019-2020 Office Bearers

Patron:	Ann Hart
President:	Patrick Durrant (0400 210 269)
Vice President:	Kate Cox
Hon Secretary:	Kerrie Osborne (0414 702 858/ 02 9960 6407)
Hon Treasurer:	Nicki Kerr
Hon Registrar:	Anna Torok
Hon. Race Sec:	Jodie Osborne (0414 701 640)
Del. NSWASA:	Jodie Osborne

Committee Members: Jack McPhee, Julie Campbell, Peter Murray, Natanya Haggman, Mike Gribbin, Tracey Trass

Life Members: Terry Ellerby, Ann Hart, Jodie Osborne, Kerrie Osborne, Joe Rooney, Rosalind Suthons. Anna Torok , Peter Murray

Fees

🏊 One member \$100	Two members \$180*	Three members \$250*
🏊 Four members \$300*	Five members \$350*	Six members \$400*
🏊 High School Summer program \$60		

Fees include insurance, capitation fee to Swimming NSW and Australian Swimming Inc. registration.
(* of the same family)

Standard Order of Events

1. 200/400m freestyle or medley*
2. 25m other strokes#
3. 100m other strokes#
4. 15m bubble race
5. 15m freestyle
6. 100m freestyle
7. 15m other strokes#
8. 50m other strokes#
9. 25m freestyle
10. 50m freestyle

(*200/400m events will be swum on alternate Saturdays from 26th October, #backstroke, breaststroke or butterfly)

General Information

Any member may compete in the 15m or 25m events, but unless under 8 years for 15m or 11 years for 25m, must progress to next longer distance after twice breaking the following time limits: 15 secs for 15m free, 25 secs for 25m free, 20 secs for 15m other strokes, 28 secs for 25m other strokes.

Championship

1. All financial 'first claim' members may compete in championships for which they are eligible, but will be excluded from holding the title, or receiving the trophy if they fail to compete in races on four separate club swimming days during the season, other than championship days.
2. A swimmer's age on the 1st Jan 2020 will determine the appropriate age group for the 2019/2020 season, and proof must be made available on request.

Special Trophy Races

Entrants must have swum on two separate Saturdays in other than time trials, within 6 weeks before the race, apart from the MRS R. DOUGLAS TROPHY in November (when only one swim other than a time trial is necessary). For further rules refer to website. Children must try their best at all times – any instances of handicap manipulation will result in disqualification or adjustment of time by race officials and shall forfeit the swimmer's eligibility for sportsmanship awards.



2019 - 2020 Spit Swimming Season Program

(Additional events to standard weekly handicap events)

OCTOBER

26 **OPEN DAY: Standard Handicap events**

NOVEMBER

2 **100m OPEN BREASTSTROKE CHAMPIONSHIP**

9 **MRS. R DOUGLAS & MISS. F DOUGLAS TROPHY** (50m freestyle handicap for all girls and boys – 1st, 2nd and 3rd receive trophies)

16 **100m OPEN BACKSTROKE CHAMPIONSHIP**

23 **DON BENSON TROPHY** (50m freestyle handicap for boys u/14)

800m OPEN CHAMPIONSHIP

30 **400m OPEN FREESTYLE CHAMPIONSHIP**

DECEMBER

7 **GERGAYNIA BECKETT TROPHY RACE** (50m freestyle handicap for girls u/16)

THE SPIT DIGGERS' CUP (50m freestyle championship for boys u/16)

14 *****NO STANDARD RACES - AGE CHAMPIONSHIPS (ALL STROKES)*****

21 *FAMILY FUN DAY WITH CHRISTMAS DRINKS & FESTIVE SAUSAGE SIZZLE*****

SHIRLEY HALL MEMORIAL TROPHY (50m freestyle handicap for all girls and boys)

26 **BOXING DAY BASH TROPHY RACE** (500m freestyle open handicap)

28 **200m OPEN MEDLEY CHAMPIONSHIP**

JANUARY

5 **MAX VAN DER KLEI TROPHY** (100m breaststroke championship for boys & girls u/16)

11 **200m OPEN FREESTYLE CHAMPIONSHIP**

18 **FLORA DOUGLAS TROPHY** (50m breaststroke handicap for all girls)

25 **CONSTANCE HENDRIK MEMORIAL TROPHY** (50m freestyle for boys and girls with a handicap of 60 seconds or better)

FEBRUARY

1 **EDITH FARRELL MEMORIAL TROPHY** (50m orthodox breaststroke handicap for all girls & boys)

8 ***CENTENARY RELAY THE MARKS CUP (20x50m 2 teams)*******

100m FREESTYLE CHAMPIONSHIP

15 **ARTHUR KERSLAKE MEMORIAL** (1500m (30 laps) freestyle handicap for girls and boys who have swum in at least two 200m or 400m during the season to date)

22 **W.R.A. KILPATRICK TROPHY** (100m freestyle handicap for all boys and girls)

BRETT HILL TROPHY RACE (50m butterfly for both boys and girls)

29 **HILDA DENTON MEMORIAL TROPHY** (200m freestyle handicap for girls and boys who have competed in at least three 200m freestyle events in season to date)

MARCH

1 ***TIDAL POOLS at NORTHBRIDGE BATHS (interclub comp so SAVE THE DATE!)*******

7 **BRETT HILL MEMORIAL TROPHIES 100 METRES BUTTERFLY CHAMPIONSHIP** (separate trophy for for males & females)

RODNEY MARK WAITE MEMORIAL TROPHY FOR BOYS (50m freestyle for boys u/14)

ANN BEARDSMORE TROPHY (50m backstroke handicap for boys and girls)

14 **THE RUDGYARD FAMILY TROPHY** (100m breaststroke for all members)

21 **KERRIE OSBORNE TROPHY RACE** (200m medley 4x25m for boys and girls u/16)

28 ***FLORA DOUGLAS FAMILY RELAYS (4x50m freestyle relay)*******

HARRY HAY MEMORIAL TROPHY (50m freestyle for all members u/16 who have not won a trophy all season)

JOHN AND GEOFFREY VIDAL MEMORIAL TROPHY (parent and child trophy race 25m each swimmer)

APRIL Standard Handicap events

25 ***ANZAC DAY HANDICAP (after dawn service open water race and breakfast BBQ)*******

MAY

23 **AGM & TROPHY PRESENTATION (TBC)**