



The Spit Swimming Club Incorporated

Headquarters - Balmoral Baths, Mosman.
Postal address: PO Box 752 SPIT JUNCTION NSW 2088
Email: spitswim100@hotmail.com, facebook, Instagram

Race Entries online (spitswimclub.org) – please note if you enter races and fail to show, a point will be deducted for each event you enter.

2024-2025 Office Bearers

Patron: Ann Hart
President: Julie Campbell (0439 100 611)
Vice President: Karen Sangster (0434 048 851)
Hon Secretary: Kerrie Osborne (0414 702 858)
Hon Treasurer: Susan Vincent
Hon Registrar: Anna Torok

Committee Members: Peter Murray, Leith Schmidt, Ian Perkes

Life members: Terry Ellerby, Ann Hart, Jodie Osborne, Kerrie Osborne, Joe Rooney, Rosalind Suthons, Anna Torok, Peter Murray

Fees

Adults - \$135

Children & Students - \$100

Families of 5+ - capped at \$500

Standard Order of Events

- | | |
|---|------------------------|
| 1. 200/400m\ 800m freestyle or medley * | 7. 100 m freestyle |
| 2. 25m other strokes # | 8. 15m other strokes # |
| 3. 100m other strokes # | 9. 50m other strokes # |
| 4. 4 x 25m medley | |
| 5. 15m bubble race | 10. 25m freestyle |
| 6. 15m freestyle | 11. 50m freestyle |

(*200/400m events will be swum on alternate Saturday from 28th October, # other strokes means backstroke, breaststroke or butterfly)

General Information

Any member may compete in the 15m or 25m events but unless under 8 years for 15m or 11 years for 25m must progress to next longer distance after twice breaking the following time limits: 15 secs for 15m free, 25 secs for 25m free, 20 secs for 15m other strokes, 28 secs for 25m other strokes

Championship

1. All financial 'first claim' members may compete in championships for which they are eligible, but will be excluded from holding the title, or receiving the trophy if they fail to compete in races on four separate club swimming days during the season, other than championship days.
2. A swimmer's age on the 1st of Jan 2025 will determine the appropriate age group for the 2024/2025 season, and proof must be made available on request. For further rules refer to the rule sheet.

Special Trophy Races

Entrants must have swum on two separate Saturdays in other than time trials, within 6 weeks before the race. For more refer to the rule sheet. All swimmers must try their best in every race -any suspect times will be excluded from handicap calculations.

2024-2025 Spit Swimming Season Program

(Additional events to standard weekly handicap events)

OCTOBER

26 **OPEN DAY: BBQ** standard handicap events plus 200m freestyle

NOVEMBER

2 Standard Handicap Events plus 400m freestyle

9 **100m OPEN BACKSTROKE CHAMPIONSHIP** plus 800m freestyle (**race start 8.30am**)

16 **100m OPEN BREASTSTROKE CHAMPIONSHIP** plus **Max Van der Klei Trophy** U16 100m breaststroke championship and 200m freestyle

23 **Roger Cornforth Memorial Trophy** handicap 100m breaststroke and 400m freestyle

30 **100m OPEN FREESTYLE CHAMPIONSHIP** plus **Mrs Rose and Miss Flora Douglas Trophy** – 50m freestyle junior mixed plus 800m freestyle (**race start 8.30am**)

DECEMBER

7 **Gergaynia Beckett Trophy** U16 girls 50m freestyle and **Spit Diggers Cup** U/16 boys 50m championship plus 200m freestyle

14 *****AGE CHAMPIONSHIPS (ALL STROKES) - NO STANDARD RACES*****

21 **Shirley Hall Trophy** 50m Freestyle Under 17 and girls and boys plus **400m OPEN CHAMPIONSHIP (Rodney Mark Waite Trophy)**

FAMILY FUN DAY WITH CHRISTMAS DRINKS & FESTIVE SAUSAGE SIZZLE

26 **Boxing Day Bash Trophy** (500m freestyle open handicap) Baths to the Island return

28 Standard handicap races

JANUARY

4 **800m OPEN CHAMPIONSHIP** (**race start 8:30am**)

11 **200m OPEN FREESTYLE CHAMPIONSHIP** Trophies: Men - Forbes Carlile; Women- Kim Herford)

18 **200 METRES OPEN MEDLEY CHAMPIONSHIP** plus 400m freestyle

25 **Ann Beardsmore Trophy**- 50m backstroke U16 years mixed who have swum 2 x 50m backstroke races this season plus 800m freestyle (**race start 8.30am**)

FEBRUARY

1 **Edith Farrell Memorial Trophy** 50m U16 breaststroke mixed and **Don Benson Memorial Trophy** 50m freestyle handicap U16 boys plus 200m freestyle

8 **Arthur Kerslake Memorial** - (1500m - 30 laps) for girls and boys who have sum in at least two 200m or 400m or 800m during the season to date (**race start 8:30am)

15 **Brett Hill Trophy** 50m butterfly handicap U16 mixed (swum min 2 fly races in season) plus 400m freestyle

16 *****TIDAL POOLS REGATTA** interclub races at Northbridge Baths 1pm – **SAVE THE DATE*****

22 **Hilda Denton Memorial Trophy** 200m mixed freestyle handicap U18 years (min 3 x 200m races in season)

MARCH

1 **Brett Hill Memorial Trophies** -100m butterfly championship (separate trophy for males & females) plus 400m freestyle

8 **W.R.A. Kilpatrick Trophy** - 100m freestyle mixed handicap (min 2 races in prev 6 weeks)

15 **Kerrie Osborne Trophy** - 100m medley 4 x 25m mixed U16 (min 3 races prior in season) plus 200m freestyle Standard handicap races plus 800m freestyle (**race start 8:30am)

22 **Harry Hay Memorial Trophy** - 50m freestyle U16 years (for those who have not won a trophy all season) and **John and Geoffrey Vidal Memorial Trophy** (Parent & Child 25 metres each swimmer) plus **Flora Douglas Family Relay** (4 x 50m freestyle relay)

APRIL - MAY

** **Standard Handicap events weather and numbers permitting**

25 **ANZAC DAY Trophy** – open water (600m approx.) handicap, post dawn service with 9am start, Northbridge ASC invitational followed by breakfast BBQ, ANZAC biscuits

** **AGM & TROPHY PRESENTATION (TBC)**